

Good Grief: Learning The Lost Art of Lament

Learning to Lament Part 4: Psalm 13

June 2, 2024

❶ Keep turning to prayer

❷ Bring your complaints

❸ Ask boldly

❹ Choose to **Trust**

★ We can _____ in His unfailing _____

★ We can _____ in His _____

★ We can sing the Lord's _____, for he has been _____ to us

For those struggling to trust God in your pain

Trust: *A Vigorous act of the soul by which we choose to lay hold on the promises of God and cling to them despite the adversity that at times seeks to overwhelm us.* Jerry Bridges, *Trusting God*

★ Trusting is more than a _____

★ Trusting is choosing to lay hold of the _____ of God

★ Trusting comes from preaching _____ to your soul

Good Grief: Learning The Lost Art of Lament

Learning to Lament Part 4: Psalm 13

June 2, 2024

❶ Keep turning to prayer

❷ Bring your complaints

❸ Ask boldly

❹ Choose to **Trust**

★ We can _____ in His unfailing _____

★ We can _____ in His _____

★ We can sing the Lord's _____, for he has been _____ to us

For those struggling to trust God in your pain

Trust: *A Vigorous act of the soul by which we choose to lay hold on the promises of God and cling to them despite the adversity that at times seeks to overwhelm us.* Jerry Bridges, *Trusting God*

★ Trusting is more than a _____

★ Trusting is choosing to lay hold of the _____ of God

★ Trusting comes from preaching _____ to your soul

Discussion Guide

What captured your attention from the Sermon?

Are there any areas of your life where you are struggling to trust God?

Read Psalm 13:5-6

Describe how David chooses to trust God during his suffering.

Read Psalm 42:5 & 11

In verses 5 and 11, David tells his own soul to hope in God. *What is the benefit of preaching truth to your own soul when you are struggling to trust God?*

What truth(s) do you need to constantly preach to your own soul?

Read Isaiah 26:3-4; Proverbs 3:5-6; Jeremiah 17:5-8

In each of these verses, what are the blessings of trusting in the Lord?

Discussion Guide

What captured your attention from the Sermon?

Are there any areas of your life where you are struggling to trust God?

Read Psalm 13:5-6

Describe how David chooses to trust God during his suffering.

Read Psalm 42:5 & 11

In verses 5 and 11, David tells his own soul to hope in God. *What is the benefit of preaching truth to your own soul when you are struggling to trust God?*

What truth(s) do you need to constantly preach to your own soul?

Read Isaiah 26:3-4; Proverbs 3:5-6; Jeremiah 17:5-8

In each of these verses, what are the blessings of trusting in the Lord?