

Good Grief: Learning The Lost Art of Lament

Learning to Lament Part 3: Psalm 55

May 26, 2024

- ❶ Keep turning to prayer
- ❷ Bring your complaints
- ❸ Ask _____

★ Ask God _____

What should I specifically pray for?

- _____, O Lord & _____ me (Ps 10:12)
- Remember your _____ (Ps 25:6)
- Let _____ be done/ _____ me
(Ps 35:23-24)
- Don't _____ our sins (Ps 79:8-9)
- _____ us (Ps 80:3)
- _____ me (Ps 86:11)

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Discussion Guide

What captured your attention from the Sermon?

What are you currently asking God for in your lament?

Review the section on your sermon guide that says: “What should I specifically pray for?”

Which requests do you pray for often?

Which requests do you need to pray more often?

Read Psalm 86

What does David ask God for in this Psalm? How should that inform our prayers?

Read Luke 18:1-8

How does this parable encourage us to ask God frequently and not give up praying?

Ephesians 3:12; 1 John 5:14; Hebrews 4:15-16

Describe what these verses tell us about boldly and confidently approaching God with our requests?

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