

**Good Grief: Learning The Lost Art of Lament**

*Learning to Lament Part 1: Psalm 27:7-8*

May 12, 2024

❶ Keep Turning To \_\_\_\_\_

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## Sermon Discussion Guide

### Getting Started

Describe a time when you found it difficult to pray because you were suffering.

*What were the circumstances or the reasons for your silence?*

### Sermon Discussion

#### **Read II Samuel 22:7, Psalm 55:17**

*How would you describe what it means to “Cry Out” to God?*

#### **Read Romans 8:26-27**

*What insight do these verses give us in times when we are lamenting to God through prayer?*

#### **Read Hebrews 4:15-16**

*What do these verses invite us to do and promise us in the process? How do they apply to prayers of lament?*

#### **Read I Thessalonians 5:17**

*How does this verse apply to prayers of lament?*

*Perseverance in prayer is not overcoming God’s reluctance but rather laying hold of God’s willingness. Our sovereign God has purposed to sometimes require persevering prayer as the means to accomplish His will. Bill Thrasher*

*The value of persistent prayer is not that He will hear us but that we finally hear Him. Unknown author*

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